

# March 2020

**PACE Central Michigan 989.953.5800**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>10:00 Positive Weekend News <b>2</b>            10:30 Be Fit Breathe &amp; Stretch            11:00 Brain Fit Neurobics            1:00 Puzzles/Games/Featured Artist            1:30 PACE Advisory Council Meeting            2:30 Irish Karaoke  <b>National Old Stuff Day</b></p>	<p>10:00 Who Am I? <b>3</b>            10:30 Be Fit Breathe &amp; Stretch            11:00 Brain Fit Neurobics            1:00 TED Talks Tuesday            1:30 Our American Flag            2:30 Patriotic Karaoke  <b>National Anthem Day</b></p>	<p>10:00 Hump Day Happenings <b>4</b>            10:30 Be Fit Breathe &amp; Stretch            11:00 Brain Fit Neurobics            1:00 Puzzles/Games/Featured Artist            1:30 Hump Day Dance Move            2:00 The Hand Spa Experience            2:30 Name That Tune  <b>National Music Day</b></p>	<p>10:00 Hot Topics <b>5</b>            10:30 Be Fit Breathe &amp; Stretch            11:00 Brain Fit Neurobics            1:00 Program Planning With Paula            1:30 Sign Language Series 1            2:00 Bio Poems            2:30 Personality Traits  <b>Personality Day</b></p>	<p>10:00 Friday Facts &amp; Quirky News <b>6</b>            10:30 Be Fit Breathe &amp; Stretch            11:00 Brain Fit Neurobics            1:00Puzzles/Games/Featured Artist            1:30 Popcorn Social            2:00 Bingo  <b>Today's Theme: Dental Day</b>  <b>***Daylight Savings on Sunday!</b></p>
<p>10:00 Positive Weekend News <b>9</b>            10:30 Be Fit Breathe &amp; Stretch            11:00 Brain Fit Neurobics            1:00 Puzzles/Games/Featured Artist            1:30 Bubble Experiment            2:00 Bubble Art  <b>National Bubble Week</b></p>	<p>10:00 Coffee w/ Administration <b>10</b>            10:30 Be Fit Breathe &amp; Stretch            11:00 Brain Fit Neurobics            1:00 TED Talks Tuesday            1:30 Name Game            2:00 Name Boards  <b>National Name Day</b></p>	<p>10:00 Hump Day Happenings <b>11</b>            10:30 Be Fit Breathe and Stretch            11:00 Brain Fit Neurobics            1:00 Puzzles/Games/Featured Artist            1:30 Hump Day Dance Move            2:00 Yarn Apples  <b>National Johnny Appleseed Day</b></p>	<p>10:00 Happy Happenings <b>12</b>            10:30 Be Fit Breathe &amp; Stretch            11:00 Brain Fit Neurobics            1:00 Sign Language Series 2            1:30 Flower Art            2:30 Love Songs Karaoke  <b>National Flower Day</b></p>	<p>10:00 Friday Facts &amp; Quirky New <b>13</b>            10:30 Be Fit Breathe &amp; Stretch            11:00 Brain Fit Neurobics            1:00 Puzzles/Games/Featured Artist            1:30 Popcorn Social            2:00 Bingo  <b>National Blame Someone Else Day</b></p>
<p><b>16</b>            10:00 Positive Weekend News            10:30 Be Fit Breathe and Stretch            11:00 Brain Fit Neurobics            1:00 Puzzles/Games/Featured Artist            1:30 This Day in History            2:00 Inventions and How To Anything  <b>Freedom of Information Day</b></p>	<p><b>17</b>            10:00 Remember When?            10:30 Be Fit Breathe &amp; Stretch            11:00 Brain Fit Neurobics            1:00 Ted Talks Tuesday            1:30 Feeling Lucky Shamrocks            2:00 St Patrick's Day Bingo  <b>St. Patrick's Day</b></p>	<p><b>18</b>            10:00 Hump Day Happenings            10:30 Be Fit Breathe &amp; Stretch            11:00 Brain Fit Neurobics            1:00 Food Chat with Dietician            1:30 Pet Therapy Visit            2:00 Piano and Song by Bob Crist  <b>National Nutrition Month</b></p>	<p><b>19</b>            10:00 Noteworthy News            10:30 Be Fit Breathe &amp; Stretch            11:00 Brain Fit Neurobics            1:00 Sign Language Series 3            1:30 Egg Nests            2:30 Chicken Fling  <b>National Poultry Day</b></p>	<p><b>20</b>            10:00 Coffee with Administration            10:30 Be Fit Breathe &amp; Stretch            11:00 Brain Fit Neurobics            1:00 Puzzles/Games/Featured Artist            1:30 Popcorn Social            2:00 Bingo  <b>Natl. Extraterrestrial Abductions Day</b></p>
<p>10:00 Positive Weekend News <b>23</b>            10:30 Be Fit Breathe &amp; Stretch            11:00 Brain Fit Neurobics            1:00 Puzzles/Games/Featured Artist            1:30 Corn Hole            2:00 Chair Volley  <b>National Near Miss Day</b></p>	<p>10:00 Been Where Done What? <b>24</b>            10:30 Be Fit Breathe &amp; Stretch            11:00 Brain Fit Neurobics            1:00 TED Talks Tuesday            1:30 Making California Raisons            2:00 Oldies Karaoke  <b>National Raison Day</b></p>	<p>10:00 Hump Day Happenings <b>25</b>            10:30 Be Fit Breathe &amp; Stretch            11:00 Brain Fit Neurobics            1:00 Safety Tips With Therapy            1:30 Potato Games            2:30 Potato Potate Create  <b>National Tater Month</b></p>	<p>10:00 Make Me Laugh <b>26</b>            10:30 Be Fit Breathe &amp; Stretch            11:00 Brain Fit Neurobics            1:00 Get Social with Social Work            1:30 Sign Language Series 4            2:00 Learning About Healthy Juicing  <b>National Agricultural Day</b></p>	<p>10:00 Friday Facts Quirky News <b>27</b>            10:30 Be Fit Breathe &amp; Stretch            11:00 Brain Fit Neurobics            1:00 Puzzles/Games /Featured Artist            1:30 Popcorn Social            2:00 Bingo Bingo Bingo  <b>National "Joe" Day</b></p>
<p>10:00 Positive Weekend News <b>30</b>            10:30 Be Fit Breathe &amp; Stretch            11:00 Brain Fit Neurobics            1:00Puzzles/Games/Featured Artist            1:30 Rain Sticks            2:30 Stick Competitions  <b>National Things on a Stick Day</b></p>	<p>10:00 Jokes Jokes Jokes <b>31</b>            10:30 Be Fit Breathe &amp; Stretch            11:00 Brain Fit Neurobics            1:00 Ted Talks Tuesday            1:30 Sun Catcher Art            2:30 Show Tune Karaoke  <b>National Color Day</b></p>			